

**YOU MAY NOT BE ABLE TO CALL 911 WHEN YOU ARE LOST.**

So you'll need to take care of yourself till help arrives.

**STOP, LOOK AROUND & START TO BUILD YOUR NEST.**

PICK A PLACE THAT FEELS SAFE TO YOU. NEAR AN OPEN AREA IF THERE'S ONE CLOSE BY. BUILD A NEST WHERE YOU'LL BE WARM & DRY. CALL FOR HELP OR USE YOUR WHISTLE BY BLOWING IT THREE TIMES AND THEN LISTENING TO HEAR ANYONE CALL BACK. WHEN YOU STOP MOVING THE SEARCHERS CAN CATCH UP WITH YOU.

**STOP! MAKE A NEST AND SHOW YOUR FACE!!**

# LOST

**STOP!!!! Don't go any further.**

*The very first thing to do if you are lost is to stop moving.*

Now that you have stopped, look around and **MAKE A NEST** until everyone who will soon be searching can find you. Your nest should help keep you dry, warm, and out of the wind, but near an open space. The searchers might use helicopters or small planes to look for you, so you should wave to the pilots from your open space anytime they fly over you.

Many people will be searching for you. When you hear them calling your name or blowing whistles, don't be afraid of them. Answer their calls. Keep calling back to them or use your whistle. Blow it hard three times and pause. Then blow three times again. They may be far away and you will have to keep making noise so they can find you. At night, searchers may seem scary because of the lights they use and the noise they make. Never be afraid to shout back. Your parents won't be angry with you. Anyone can get lost. They are worried and only want to find you soon. While you wait write your name in the soft ground, make lots of footprints around your space and wait for us to find you.

**STOP**

**Stop, Think, Observe & Plan.**

▶ Always tell someone where you are going and when you'll be back. (If you change your mind TELL someone.)

- ▶ Dress warmly and pay attention to weather.
- ▶ Always carry some food and water.
- ▶ Always wear something bright - you will be much easier to see.
- ▶ Always carry a whistle - the sound carries further than your voice and it isn't tiring to use.
- ▶ **If you hear someone shouting, shout back!**
- ▶ Always carry a large trash bag—it will protect you from rain and cold.

**THERE AND BACK**

*You are responsible for yourself—so be prepared.*

**hikeSafe: It's Your Responsibility.**

*The Hiker Responsibility Code was developed and is endorsed by the White Mountain National Forest and New Hampshire Fish and Game.*

Learn more by visiting [www.hikeSafe.com](http://www.hikeSafe.com)

